



PARTNER Ireland

Planet Youth Survey 2020

Dear Parent / Carer,

Between the 23rd of November and the 4th of December 2020, a survey on the lives of young people in the west of Ireland will be conducted with all students who completed their Junior Certificate earlier this year.

Those third-year students, who are now in Transition Year / Fourth year / Fifth Year, will be invited to complete an **anonymous** questionnaire that includes questions about their lifestyles, behaviours and health. The survey will take about 45 minutes and will be done in a classroom setting.

The Planet Youth questionnaire has been used in Iceland since 1998 and now forms part of an International evidence-based model used for policy making and informing practical primary prevention activities by those working to improve the health, wellbeing and lives of young people. You can find information on the project at www.planetyouth.ie.

The Planet Youth questionnaire and primary prevention model is being adapted for use in Ireland and we are using it currently in all schools in Galway, Mayo and Roscommon. The survey questionnaire asks about things like physical and mental health and wellbeing, relationships with friends and family, sports participation and extra curricular activities, internet use, social life, bullying, abuse, future expectations, sleep and stress along with other important factors. This year there will also be some questions about COVID19.

The survey uses an **anonymous** questionnaire. The information gathered from the questionnaires cannot be traced back to individual students, and they are specifically asked not to write their name or any other identification on their questionnaire. Each student gets a blank envelope to put it in on completion.

All the questionnaires will be sent to the main research centre in Iceland for data processing and will conform with Icelandic data processing regulations. All questionnaires are destroyed once the data has been processed. The Irish data is then returned electronically to the research team in Ireland for further analysis.

Students are instructed not to fill out any part of the questionnaire that makes them feel uncomfortable or that they feel they should not answer. The information collected will be used to inform efforts to improve the health and wellbeing of young people in our communities in Ireland.

If, for any reason, **you do not wish** your child to participate in the survey, please sign this form and have your child return it to their year head by Friday the 20th of November.

Your child's name (please print)

Your signature

Date:

If you require more information please contact Emmet Major at emmet.major@wrdatf.ie

This project has been approved by the Research Ethics Committee of the Royal College of Physicians of Ireland.





Suirbhé Planet Youth 2020

A thuismitheoirí / a chaomhnóirí,

Déanfar suirbhé idir 23 Samhain agus 4 Nollaig 2020 ar leas daoine óga in Iarthar na hÉireann a rinne an Teastas Sóisearach níos luaithe i mbliana.

Comhlánfaidh daltaí san Idirbhliain/Ceathrú Bliain/Cúigiú Bliain ceistneoir **anaithnid** a bhfuil ceistanna air faoina sláinte, a n-iompair agus a slite maireachtála. Tógfaidh sé isteach is amach le 40 nóiméad an suirbhé a líonadh agus déanfar sa seomra ranga é.

Tá an tionscadal *Planet Youth* in úsáid san Íoslainn ón mbliain 1998 agus is clár atá bunaithe ar fhianaise é atá á úsáid anois in go leor tíortha eile. Baineann siad siúd a bhíonn ag obair chun sláinte agus leas daoine óga a fheabhsú, úsáid as an eolas a bailíodh sna suirbhéanna seo le haghaidh cinntí a dhéanamh faoi ghníomhaíochtaí coiscthe. Chun tuilleadh eolais a fháil, féach www.planetyouth.ie.

Tá ceistneoir Planet Youth curtha in oiriúint lena úsáid in Éirinn agus úsáideann muid é i ngach scoil i gcontaetha na Gaillimhe, Mhaigh Eo agus Ros Comáin. Tá ceistanna ann faoi shláinte agus leas fisiciúil agus intinne, caidrimh le cairde agus leis an teaghlach, rannpháirtíocht i spóirt agus gníomhaíochtaí eischuraclaim, úsáid idirlín, saol sóisalta, bulaíocht, mí-úsáid, ionchais maidir leis an todhchaí, codladh agus strus mar aon le factóirí tábhachtacha eile. Tá ceistanna breise ann i mbliana maidir le COVID-19.

Ceistneoir **anaithnid** atá i gceist leis an suirbhé. Ní féidir an t-eolas a bhailítear ó na ceistneoirí a nascadh le haon dalta faoi leith, agus iarrtar go sonrach orthu gan a n-ainmneacha a scríobh ná aon chomhartha aitheantais eile a chur ar a gceistneoirí. Tugtar cludach litreach folamh do gach dalta scoile le n-úsáid nuair atá an suirbhé críochnaithe acu.

Nuair a bheidh na ceistneoirí comhlánaithe, seolfar na ceistneoirí ar ais chuig an bpríomhionad taighde san Íoslainn chun na sonraí a phróiseáil, agus beidh an próiseas sin comhlíontach le rialacháin na hÍoslainne maidir le próiseáil sonraí. Scriostar gach ceistneoir a luaithe is a phróiseáil na sonraí. Seolfar sonraí na hÉireann ar ais chuig an bhfoireann taighde in Éirinn le haghaidh tuilleadh anailíse.

Ní gá do do pháiste páirt a ghlacadh sa suirbhé, agus sa chás go bhfuil ceistanna ann a bhfuil sé nó sí míchompordach fúthu nó a cheapann siad nár cheart dóibh iad a fhreagairt, ní gá dó nó di iad a fhreagairt. Is féidir linn úsáid a bhaint as an eolas a bhailítear chun sláinte agus leas daoine óga inár bpobal a fheabhsú.

Mura mian leat go nglacfadh do mhac nó d'iníon páirt sa suirbhé seo, sínigh an fhoirm seo le do thoil agus seol ar ais í chuig ceann ranga do pháiste faoin Aoine, 20 Samhain.

Ainm an Dalta (bloclitreacha)

Síniú an Tuismitheora

Dáta:

Má tá tuilleadh eolais uait, déan teagmháil le Emmet Major ag emmet.major@wrdatf.ie

Tá an tionscadal seo faofa ag an gCoiste um Eitic Thaighde de chuid Choláiste Ríoga Lianna na hÉireann.

