Data dictionary

Variabl e numb er	Variable name	Variable label	Wording used in survey	Code and meaning
1	ID	Identification number of participant	-	-
2	Age_parent	Age of parent	What is your age in years?	Whole number
3	Gender_pare nt	Gender of parent	What is your gender? - Selected Choice - Male - Female - Prefer not to say - I identify my gender as: (Open text box)	1=Male 2=Female [No other option selected by participants]
4	Urban_Rural	Living in a rural or urban area?	Where do you live? - Urban - Rural -Unsure	1= Urban 2= Rural 3= Unsure
5	Education_p arent	Level of education of parent	What is your highest level of education? - Primary education - Secondary education - Tertiary education	 1= Primary education 2= Secondary education 3= Tertiary education
6	Age_adol	Age of adolescent when they first self-harmed	What age (in years) was your adolescent when they first engaged in self- harm?	Whole number
7	Age_bracket	Age bracket of adolescent, under or over 13?	[Recoded from Var 6]	1= Under 13 2= 13 or over

8	Gender_adol	Gender of adolescent	What is your adolescent's gender? - Selected Choice - Male - Female - Prefer not to say - My adolescent identifies their gender as: (Open text box)	1=Male 2=Female 3=Other from open text box: Trans female to male 4= Other from open text box: Non-binary
9	Ethnicity_ad ol	What is your adolescents ethnic or cultural background?	What is your adolescents ethnic or cultural background? ¹ - Selected Choice - "White-Irish" - "White-Irish Traveller" - "White- any other white background" - "Black-Black-Irish" - "Black-African" - "Black- African" - "Black- Any other black background" - "Asian- Asian Irish" - "Asian- Chinese" - "Asian- Any other Asian background" - "Other (Please describe)"	 1= "White-Irish" 2= "White- Irish Traveller" 3= "White- any other white background" 4= "Black-Black-Irish" 5= "Black- African" 6= "Black- Any other black background" 7= "Asian- Asian Irish" 8= "Asian- Chinese" 9= "Asian- Any other Asian background" 10= "Other (Please describe)"
10	Ethnicity_oth er	What is your adolescents ethnicity or cultural background? Other	What is your adolescents ethnic or cultural background? - Other, including mixed background (Please describe): - Text	String variable

¹ Taken from Irish Census from (Q14) <u>https://www.cso.ie/en/census/faq/detailedlookatcensusquestions/question14/</u>

11	Engagement	Thinking about	Thinking about when	String variable –
	_with_servic es	when your adolescent was self-harming, did you engage with	your adolescent was self- harming, did you engage with any healthcare service at the time?	selected service(s) typed in
		any healthcare service at the time?	 Primary Care (e.g., GP, primary care psychology services) 	
			- Secondary Care (e.g., CAMHS, A & E)	
			- Tertiary care (e.g. hospital stay)	
			 Voluntary organisation (e.g. Pieta), please describe: Private psychiatrist/psychologist/ counsellor/psychotherapi st 	
			- Other (please describe below)	
12	Engagement _Text	Any additional text regarding which voluntary organisation or other organisation not listed	Thinking about when your adolescent was self- harming, did you engage with any healthcare service at the time? (Please tick all that apply) - Other (Please describe) – Text	String variable
13	Diagnosis	At the time of self-harm was your adolescent diagnosed with any mental health difficulty?	At the time of self-harm was your adolescent diagnosed with any mental health difficulty? - Selected Choice:	String variable – selected mental health difficulty(ies) typed in
		,	- "No diagnosed disorder"	
			 "Not sure" "Emotional dysregulation or similar emotional difficulty" "Substance-related disorder" "Schizophrenia or other 	

14	Diagnosis_Te	At the time of	 psychotic disorder "Mood disorder" "Anxiety disorder" "Eating disorder" "Sleep disorder" "Other" At the time of self-harm	String variable
	xt	self-harm was your adolescent diagnosed with any mental health difficulty? Other	was your adolescent diagnosed with any mental health difficulty? - Other (Please describe) – Text	
15	Q1	While it's not always possible to know, what signs might indicate self-harm?	Discovering an adolescent is self-harming for the first time - While it's not always possible to know, what signs might indicate self-harm? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
16	Q2	I have discovered (e.g. observed or been told by someone other than my adolescent) that my adolescent is self-harming. What should I say to my adolescent?	Discovering an adolescent is self-harming for the first time - I have discovered (e.g. observed or been told by someone other than my adolescent) that my adolescent) that my adolescent is self- harming. What should I say to my adolescent? - Irrelevant - Not important - Maybe	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential

			- Important	
			- Essential	
17	Q3	My adolescent has told me they are self-harming.	Discovering an adolescent is self-harming for the first time - My adolescent	1= Irrelevant 2= Not important
		What should I say	has told me they are self-	3= Maybe
		to my adolescent?	harming. What should I say to my adolescent?	4= Important
			- Irrelevant	5= Essential
			- Not important	
			- Maybe	
			- Important	
			- Essential	
18	Q4	My adolescent has told me they are suicidal. What	Discovering an adolescent is self-harming for the first time - My adolescent	1= Irrelevant 2= Not important
		should I say to my	has told me they are	3= Maybe
		adolescent?	suicidal. What should I say to my adolescent?	4= Important
			- Irrelevant	5= Essential
			- Not important	
			- Maybe	
			- Important	
			- Essential	
19	Q5	Why do	Discovering an adolescent	1= Irrelevant
		adolescents self- harm?	is self-harming for the first time - Why do	2= Not important
			adolescents self-harm?	3= Maybe
			- Irrelevant	4= Important
			- Not important	5= Essential
			- Maybe	
			- Important	
			- Essential	
20	Q6	Is adolescent self-	Discovering an adolescent	1= Irrelevant
		harm a form of	is self-harming for the first time - Is adolescent	2= Not important

		attention seeking?	self-harm a form of attention seeking? - Irrelevant - Not important - Maybe - Important - Essential	3= Maybe 4= Important 5= Essential
21	Q7	Does self-harm mean my adolescent has a mental disorder?	Discovering an adolescent is self-harming for the first time - Does self-harm mean my adolescent has a mental disorder? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
22	Q8	How common is self-harm in adolescents?	Discovering an adolescent is self-harming for the first time - How common is self-harm in adolescents? - Irrelevant - Not important - Maybe - Important - Essential	 1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
23	Q9	How common is it for an adolescent to attempt suicide?	Discovering an adolescent is self-harming for the first time - How common is it for an adolescent to attempt suicide? - Irrelevant - Not important - Maybe	 1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential

			lass subsut	
			- Important	
			- Essential	
24	Q10	What do I do if my adolescent begs me not to tell anyone else?	Discovering an adolescent is self-harming for the first time - What do I do if my adolescent begs me not to tell anyone else? - Irrelevant - Not important - Maybe - Important - Essential	 1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
25	Q11	Should I tell my other children what is happening?	Discovering an adolescent is self-harming for the first time - Should I tell my other children what is happening? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
26	Q12	How do I tell other adult family members?	Discovering an adolescent is self-harming for the first time - How do I tell other adult family members? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
27	Q13	Should I tell someone in their school?	Discovering an adolescent is self-harming for the first time - Should I tell someone in their school?	1= Irrelevant 2= Not important 3= Maybe

			- Irrelevant	4= Important
			- Not important	5= Essential
			- Maybe	
			- Important	
			- Essential	
28	Q14	If I know my adolescent self- harms, should I ask them whether they are thinking about suicide?	After finding out about self-harm - If I know my adolescent self-harms, should I ask them whether they are thinking about suicide? - Irrelevant - Not important	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
			- Maybe	
			- Important	
			- Essential	
29	Q15	How do I manage my own feelings such as worry or the feeling of constantly 'walking on eggshells'?	After finding out about self-harm - How do I manage my own feelings such as worry or the feeling of constantly 'walking on eggshells'? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
30	Q16	What parenting strategies can I use to help? (e.g. how to discipline and set boundaries?)	After finding out about self-harm - What parenting strategies can I use to help? (e.g. how to discipline and set boundaries?) - Irrelevant - Not important - Maybe	 1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential

			Important	
			- Important	
			- Essential	
31	Q17	Is there	After finding out about	1= Irrelevant
		something I can do to fix it?	self-harm - Is there something I can do to fix	2= Not important
			it?	3= Maybe
			- Irrelevant	4= Important
			- Not important	5= Essential
			- Maybe	
			- Important	
			- Essential	
32	Q18	Are there things I	After finding out about	1= Irrelevant
		should avoid doing?	self-harm - Are there things I should avoid	2= Not important
			doing?	3= Maybe
			- Irrelevant	4= Important
			- Not important	5= Essential
			- Maybe	
			- Important	
			- Essential	
33	Q19	What can I do to	After finding out about	1= Irrelevant
		help my adolescent with	self-harm - What can I do to help my adolescent	2= Not important
		the feelings of	with the feelings of	3= Maybe
		needing to self- harm? (e.g.,	needing to self-harm? (e.g., helping distract	4= Important
		helping distract	them)	5= Essential
		them)	- Irrelevant	
			- Not important	
			- Maybe	
			- Important	
			- Essential	
34	Q20	Should I put away	After finding out about	1= Irrelevant
		anything my adolescent could	self-harm - Should I put away anything my	2= Not important
		use to hurt	adolescent could use to	3= Maybe
	1			

		themselves (eg. sharp objects)?	hurt themselves (eg. sharp objects)? - Irrelevant - Not important - Maybe - Important - Essential	4= Important 5= Essential
35	Q21	Should I lock away anything that might be used in a suicide attempt?	After finding out about self-harm - Should I lock away anything that might be used in a suicide attempt? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
36	Q22	How do I respond if my adolescent threatens to self- harm?	After finding out about self-harm - How do I respond if my adolescent threatens to self-harm? - Irrelevant - Not important - Maybe - Important - Essential	 1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
37	Q23	How do I respond if my adolescent threatens to attempt suicide?	After finding out about self-harm - How do I respond if my adolescent threatens to attempt suicide? - Irrelevant - Not important - Maybe - Important	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential

			- Essential	
38	Q24	Is there	After finding out about	1= Irrelevant
30	Q24	something I could do to strengthen my relationship with my adolescent?	self-harm - Is there something I could do to strengthen my relationship with my adolescent? - Irrelevant - Not important - Maybe - Important	2= Not important 3= Maybe 4= Important 5= Essential
			- Essential	
39	Q25	What will happen if I go to Accident and Emergency?	After finding out about self-harm - Where do I go for medical attention for my adolescent and when is it needed? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
40	Q26	What will happen if I go to the G.P.?	After finding out about self-harm - What will happen if I go to Accident and Emergency? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
41	Q27	Will my adolescent need long term support?	After finding out about self-harm - What will happen if I go to the G.P.? - Irrelevant	 1= Irrelevant 2= Not important 3= Maybe 4= Important

			- Not important	5= Essential
			- Maybe	
			- Important	
			- Essential	
42	Q28	Where do I go for	Ongoing self-harm and	1= Irrelevant
		medical attention for my adolescent	after - Will my adolescent need long term support?	2= Not important
		and when is it	- Irrelevant	3= Maybe
		needed?	- Not important	4= Important
			- Maybe	5= Essential
			-	
			- Important	
			- Essential	
43	Q29	Will I or other	Ongoing self-harm and	1= Irrelevant
		members of the family need long	after - Will I or other members of the family	2= Not important
		term support?	need long term support?	3= Maybe
			- Irrelevant	4= Important
			- Not important	5= Essential
			- Maybe	
			- Important	
			- Essential	
44	Q30	What treatment	Ongoing self-harm and	1= Irrelevant
		options might be offered and what	after - What treatment options might be offered	2= Not important
		is involved in	and what is involved in	3= Maybe
		them (e.g., cognitive	them (e.g., cognitive behavioural therapy,	4= Important
		behavioural	family therapy,	5= Essential
		therapy, family	medication, etc.)?	
		therapy, medication, etc.)?	- Irrelevant	
			- Not important	
			- Maybe	
			- Important	
			- Essential	

45Q31What should I do if my adolescent doesn't connectOngoing self-harm and after - What should I do if my adolescent doesn't1= Irrelevant2= Not important with the person who is helping0ngoing self-harm and after - What should I do if my adolescent doesn't1= Irrelevant3= Maybe	
doesn't connectmy adolescent doesn't2= Not importantwith the personconnect with the person3= Maybe	
them (e.g. the the therapist)? 4= Important	
therapist)? - Irrelevant 5= Essential	
- Not important	
- Maybe	
- Important	
- Essential	
46 Q32 Would Ongoing self-harm and 1= Irrelevant	
psychologicalafter - Would2= Not importantsupport costpsychological support2= Not important	
money? cost money? 3= Maybe	
- Irrelevant 4= Important	
- Not important 5= Essential	
- Maybe	
- Important	
- Essential	
47 Q33 How can I Ongoing self-harm and 1= Irrelevant	
understand my adolescent'safter - How can I understand my2= Not important	
individual triggers adolescent's individual 3= Maybe for self-harm? triggers for self-harm?	
4= Important	
- Irrelevant 5= Essential	
- Not important	
- Maybe	
- Important	
- Essential	
48 Q34 How can I treat a cut/burn (first Ongoing self-harm and after - How can I treat a 1= Irrelevant	
cut/burn (first aid)?after - How can I treat a cut/burn (first aid)?2= Not important	
cut/burn (first aid)?after - How can I treat a cut/burn (first aid)?2= Not important- Irrelevant3= Maybe	
cut/burn (first aid)?after - How can I treat a cut/burn (first aid)?2= Not important3= Maybe	

			- Maybe	
			- Important	
			- Essential	
49	Q35	Why would self- care (doing things to take care of your own mental health like things you enjoy) be important for me too?	Ongoing self-harm and after - Why would self- care (doing things to take care of your own mental health like things you enjoy) be important for me too? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
50	Q36	How do I help my adolescent when I have other children who need my attention too?	Ongoing self-harm and after - How do I help my adolescent when I have other children who need my attention too? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
51	Q37	How can I tell if my adolescent is continuing to self- harm?	Ongoing self-harm and after - How can I tell if my adolescent is continuing to self-harm? - Irrelevant - Not important - Maybe - Important - Essential	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential

52	Additional_it em_suggesti on_A_Score	Any other items of importance, item A score	Is there anything else that you think a parent or guardian would like to know but which has not been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) - Concern 1 - Essential - Important - Maybe - Not important - Irrelevant	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
53	Additional_it em_suggesti on_A	Any other items of importance, item A	Is there anything else that you think a parent or guardian would like to know but which has not been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) - Concern 1:	String variab le
54	Additional_it em_suggesti on_B_Score	Any other items of importance, item B score	Is there anything else that you think a parent or guardian would like to know but which has not been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) - Concern 2 Score - Essential - Important - Maybe - Not important - Irrelevant	1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential

55	Additional_it em_suggesti on_B	Any other items of importance, item B	Is there anything else that you think a parent or guardian would like to know but which has not	String variable
			been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) -	
			Concern 2:	
56	Additional_it em_suggesti on_C_Score	Any other items of importance, item C score	Is there anything else that you think a parent or guardian would like to	1= Irrelevant 2= Not important
			know but which has not	3= Maybe
			been listed? (There is no obligation to fill these all	4= Important
			and if you have nothing you would like to add please feel free to skip) - Concern 3 Score - Essential - Important	5= Essential
			- Maybe - Not important	
			- Irrelevant	
57	Additional_it em_suggesti on_C	Any other items of importance, item C	Is there anything else that you think a parent or guardian would like to know but which has not been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) - Concern 3:	Qualitative data
58	Additional_it em_suggesti on_D_Score	Any other items of importance, item D score	Is there anything else that you think a parent or guardian would like to know but which has not been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) -	 1= Irrelevant 2= Not important 3= Maybe 4= Important 5= Essential
			Concern 4 Score	

			- Essential - Important	
			- Maybe - Not important	
			- Irrelevant	
59	Additional_it em_suggesti on_D	Any other items of importance, item D	Is there anything else that you think a parent or guardian would like to know but which has not been listed? (There is no obligation to fill these all and if you have nothing you would like to add please feel free to skip) - Concern 4:	String variable
60	Where_1	From a government website e.g. HSE	Where would a parent or guardian like to seek ongoing help and support? - From a government website e.g.	1= Definitely yes2= Probably yes3= Might or might not
			HSE	4= Probably not
			- Definitely yes	5= Definitely not
			- Probably yes	
			- Might or might not	
			- Probably not - Definitely not	
61	Where_2	From a charity	Where would a parent or	1= Definitely yes
		website e.g. Pieta or Jigsaw	guardian like to seek ongoing help and	2= Probably yes
		01 3180011	support? - From a charity	3= Might or might not
			website e.g. Pieta or Jigsaw	4= Probably not
			- Definitely yes	5= Definitely not
			- Probably yes	
			- Might or might not	
			- Probably not	
			- Definitely not	
62	Where_3	From leaflets in a GP's	Where would a parent or guardian like to seek	1= Definitely yes

		office/library/loca l community centre	ongoing help and support? - From leaflets in a GP's office/library/local community centre - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
63	Where_4	From a helpline such as the parentline or Samaritans	Where would a parent or guardian like to seek ongoing help and support? - From a helpline such as the parentline or Samaritans - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
64	Where_5	Via a text messaging system	Where would a parent or guardian like to seek ongoing help and support? - Via a text messaging system - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
65	Where_6	From public talks/ real time webinars	Where would a parent or guardian like to seek ongoing help and support? - From public talks/ real time webinars	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not

		<u> </u>		
			- Definitely yes	5= Definitely not
			- Probably yes	
			- Might or might not	
			- Probably not	
			- Definitely not	
66	Where_7	Self-help self- harm books	Where would a parent or guardian like to seek ongoing help and support? - Self-help self- harm books - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
67	Where_8	On social media platforms	Where would a parent or guardian like to seek ongoing help and support? - On social media platforms - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
68	Where_9	Employee Assistance Programme (EAP) workplace supports	Where would a parent or guardian like to seek ongoing help and support? - Employee Assistance Programme (EAP) workplace supports - Definitely yes - Probably yes - Might or might not - Probably not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not

			- Definitely not	
69	Where_text_ A	In what other form? Suggestion 1	Where would a parent or guardian like to seek ongoing help and support? - Other 1:	String variable
70	Where_text_ B	In what other form? Suggestion 2	Where would a parent or guardian like to seek ongoing help and support? - Other 2:	String variable
71	Where_text_ C	In what other form? Suggestion 3	Where would a parent or guardian like to seek ongoing help and support? - Other 3:	String variable
72	Where_text_ D	In what other form? Suggestion 4	Where would a parent or guardian like to seek §ongoing help and support? - Other 4:	String variable
73	Where_text_ E	In what other form? Suggestion 5	Where would a parent or guardian like to seek ongoing help and support? - Other 5:	String variable
74	Where_text_ F	In what other form? Suggestion 6	Where would a parent or guardian like to seek ongoing help and support? - Other 6:	String variable
75	Support_1	- their local GP	Support preferences: Parents and guardians would like to get help and support from their local GP - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
76	Support_2	- a specialist government	Support preferences: Parents and guardians	1= Definitely yes

		mental health service like the HSE	 would like to get help and support from a specialist government mental health service like the HSE Definitely yes Probably yes Might or might not Probably not Definitely not 	2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
77	Support_3	- a specialist charity mental health service like Pieta/Jigsaw	Support preferences: Parents and guardians would like to get help and support from a specialist charity mental health service like Pieta/Jigsaw - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
78	Support_4	- another parent or parent(s) who has had a similar experience	Support preferences: Parents and guardians would like to get help and support from another parent or parent(s) who has had a similar experience - Definitely yes - Probably yes - Might or might not - Probably not - Definitely not	 1= Definitely yes 2= Probably yes 3= Might or might not 4= Probably not 5= Definitely not
79	Support_5	- a psychiatrist	Support preferences: Parents and guardians would like to get help and	1= Definitely yes 2= Probably yes

r				
			support from a psychiatrist	3= Might or might not
			- Definitely yes	4= Probably not
				5= Definitely not
			- Probably yes	
			- Might or might not	
			- Probably not	
			- Definitely not	
80	Support_6	- a psychologist	Support preferences:	1= Definitely yes
		/psychotherapist	Parents and guardians would like to get help and	2= Probably yes
			support from a	3= Might or might not
			psychologist /psychotherapist	4= Probably not
			- Definitely yes	5= Definitely not
			- Probably yes	
			- Might or might not	
			- Probably not	
			- Definitely not	
81	Support_7	- a counsellor in	Support preferences:	1= Definitely yes
		the adolescent's school	Parents and guardians would like to get help and	2= Probably yes
			support from a	3= Might or might not
			counsellor in the adolescent's school	4= Probably not
			- Definitely yes	5= Definitely not
			- Probably yes	
			- Might or might not	
			- Probably not	
			- Definitely not	
82	Support_8	- friends and	Support preferences:	1= Definitely yes
		family	Parents and guardians would like to get help and	2= Probably yes
			support from friends	3= Might or might not
			and family	4= Probably not
			- Definitely yes	5= Definitely not
			- Probably yes	
t	•	•		

			- Might or might not	
			- Probably not	
			- Definitely not	
83	Support_text _A	What other sources of information? Suggestion 1	Support preferences: Parents and guardians would like to get help and support from Other 1:	String variable
84	Support_text _B	What other sources of information? Suggestion 2	Support preferences: Parents and guardians would like to get help and support from Other 2:	String variable
85	Support_text _C	What other sources of information? Suggestion 3	Support preferences: Parents and guardians would like to get help and support from Other 3:	String variable
86	Support_text _D	What other sources of information? Suggestion 4	Support preferences: Parents and guardians would like to get help and support from Other 4:	String variable
87	Support_text _E	What other sources of information? Suggestion 5	Support preferences: Parents and guardians would like to get help and support from Other 5:	Qualitative data
88	Support_text _F	What other sources of information? Suggestion 6	Support preferences: Parents and guardians would like to get help and support from Other 6:	String variable
89	Initial_needs _qual	Open question on most important needs on initial discovery	Please outline what you consider to be the most important information a parent or guardian needs on initial discovery of self-harm	String variable

90	Ongoing_nee ds_qual After_cessati	Open question on most important needs on ongoing needs Open question on	Please outline what you consider to be the most important information a parent or guardian needs when their adolescent is getting help for self-harm Please outline what you	String variable String variable
	on_qual	most important needs after cessation of self- harm	consider to be the most important information a parent or guardian needs after their adolescent has stopped self-harming	5
92	PA_1	I would not want to take my adolescent to a professional because what people might think	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - I would not want to take my adolescent to a professional because what people might think - Strongly agree - Agree - Neither agree nor disagree - Disagree - Strongly disagree	 1= Strongly agree 2= Agree 3= Neither agree nor disagree 4= Disagree 5= Strongly disagree
93	PA_2	I would feel uneasy going to a professional because of what some people would think	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - I would feel uneasy going to a professional because of what some people would think - Strongly agree - Agree - Neither agree nor disagree - Disagree	 1= Strongly agree 2= Agree 3= Neither agree nor disagree 4= Disagree 5= Strongly disagree

			- Strongly disagree	
94	PA_3	I would be uncomfortable seeking professional help for my adolescent because people (friends, family, coworkers, etc.) might find out about it	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - I would be uncomfortable seeking professional help for my adolescent because people (friends, family, coworkers, etc.) might find out about it - Strongly agree	 1= Strongly agree 2= Agree 3= Neither agree nor disagree 4= Disagree 5= Strongly disagree
			- Agree	
			 Neither agree nor disagree 	
			- Disagree	
			- Strongly disagree	
95	PA_4	I would be embarrassed if my neighbour saw me going into the office of a professional who deals with mental health concerns	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - I would be embarrassed if my neighbour saw me going into the office of a professional who deals with mental health concerns - Strongly agree - Agree - Neither agree nor disagree - Disagree - Strongly disagree	 1= Strongly agree 2= Agree 3= Neither agree nor disagree 4= Disagree 5= Strongly disagree
96	PA_5	Important people in my life would think less of my child if they were to find out that he/she has a	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - Important people in my life would think less of my child if they were to find out that	 1= Strongly agree 2= Agree 3= Neither agree nor disagree 4= Disagree

		mental health	he/she has a mental	5= Strongly disagree
		difficulty	health difficulty	
			- Strongly agree	
			- Agree	
			 Neither agree nor disagree 	
			- Disagree	
			- Strongly disagree	
97	PA_6	I would not want others (friends, family, teachers, etc.) to know if my adolescent	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - I would not want others (friends,	 1= Strongly agree 2= Agree 3= Neither agree nor disagree
		had a mental health difficulty	family, teachers, etc.) to know if my adolescent	4= Disagree
			had a mental health difficulty	5= Strongly disagree
			- Strongly agree	
			- Agree	
			 Neither agree nor disagree 	
			- Disagree	
			- Strongly disagree	
98	PA_7	Had my	Parental Attitudes	1= Strongly agree
		adolescent received	Toward Psychological Services Inventory	2= Agree
		treatment for a mental health	(PATPSI) - Had my adolescent received	3= Neither agree nor
		difficulty, I would	treatment for a mental	disagree
		feel that it ought to be "kept	health difficulty, I would feel that it ought to be	4= Disagree
		secret"	"kept secret"	5= Strongly disagree
			- Strongly agree	
			- Agree	
			 Neither agree nor disagree 	
			- Disagree	
			- Strongly disagree	

99	PA_8	My adolescent having a mental health difficulty carries with it feelings of shame	Parental Attitudes Toward Psychological Services Inventory (PATPSI) - My adolescent having a mental health difficulty carries with it feelings of shame - Strongly agree - Agree - Neither agree nor disagree - Disagree - Strongly disagree	 1= Strongly agree 2= Agree 3= Neither agree nor disagree 4= Disagree 5= Strongly disagree
100	PA_mea	PATSPI Mean score	-	-

Measures included

Measure name	Parental Attitudes Toward Psychological Services Inventory (PATPSI)- Stigma subscale only
Authors	Turner, 2012
Variable numbers in data set	92-99
Variable names in data set	PA_1 to PA_8
Description of measure	A revised measure to assess parents' attitudes toward outpatient mental health services. Series of statements rated: strongly disagree (0), disagree (1), somewhat disagree (2), some- what agree (3), agree (4) or strongly agree (5).
Modifications to the measure	Stigma subscale only
Scoring	Sum of ratings for each of the 8 items – higher score indicates more negative attitudes towards seeking psychological help
Recoding carried out	None

Reference

Turner, E. A. (2012). The parental attitudes toward psychological services inventory: Adaptation and development of an attitude scale. *Community Mental Health Journal*, *48*(4), 436-449.