



Appendix: Core and flexible questionnaires

IRISH SPORT MONITOR 2019 CORE QUESTIONNAIRE

SECTION 1 – INTRO AND SCREENING

Good morning/afternoon/evening, my name is _____ and I am calling on behalf of Ipsos MRBI, Ireland's leading opinion polling and survey research company. We are carrying out an important lifestyle study and your opinions may help to shape local services in the future. Would you spare some time to answer some questions. It may take approximately 7-8 minutes depending on your answers.

Before we go to the first question I just need to reassure you that all of your answers are completely confidential and your rights under the Data Protection Act will be fully observed, including not answering and choosing to end the interview. For quality control and training purposes this interview may be monitored or recorded.

GENDER

RECORD SEX OF RESPONDENT

Male
Female

AGE

To ensure we interview a wide cross section of the public, could I first ask what age group you fall into?

Under 16
16-19
20-24
25-34
35-44
45-54
55-64
65+

AGE 2

And, may I ask what is your actual age?
15 to 99



WORK

Which of these best describes your current employment situation? **READ OUT. SINGLE CODE**

- Working as an employee
- Self-employed
- Unemployed/seeking work
- Retired.....
- Full-time home maker / looking after family
- Student.....
- Not working due long term sickness or disability

SECTION 2 – SPORTS PARTICIPATION

Now I would like to ask you a few questions on recreation, exercise and sport. These questions are being asked on behalf of Sport Ireland, but they relate to a broad range of physical activities as well as traditional sports, including walking, cycling, other outdoor pursuits, water sports, and non-competitive or recreational exercise.

A1. First, I would like to ask you about any recreational walking you did in the last 7 days.
 DO NOT include walks for transport, such as walking to work or to the shops, but DO include walks undertaken for exercise, recreation or leisure. In the last 7 days, did you take such a walk?

In the last 7 days, did you take such a walk?

Yes
A5

No.....

→ **GO TO**

A2. How many walks for exercise, recreation or leisure did you take?

A3. If only one walk at A2
For how long did you walk? _____ minutes

If more than one walk at A2
For how long did you usually walk? _____ minutes



A4a. How would you describe your usual walking pace during this(these) walk(s)? **TICK ONE ONLY**

- Slow
- Steady, average
- Fairly Brisk
- Fast
- Don't know

A4b. Where do you usually walk? **READ OUT. TICK ONE ONLY**

- Around local roads
- Parks
- Forests or other trails
- Beach or seafront.....
- Somewhere else (specify: _____)
- Don't know



A5. I would now like to ask you about any OTHER physical activities you undertook in the past 7 days for exercise, recreation or sport. Please DO NOT include physical activity for work, transport, or domestic work like gardening or DIY. Please DO include personal exercise, such as swimming, dancing or jogging, as well as all forms of sporting activity, indoor or outdoor, whether undertaken in an organised setting or casually with family or friends. So, in the past 7 days, did you participate in any such activities?

Yes
A22

No.....

→ GO TO

A6. Please list up to 3 sports or activities, in the order in which you participated the most:

A6a.
A6b.
A6c.

I'd like to ask you a short series of questions about each activity, starting with the first...

INT: PROMPT ACTIVITY A6A

A7. On how many of the last 7 days did you take part? _____

A8. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A9. Was the effort enough to raise your breathing rate?
Yes
No.....

A10. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A11a. In what context did the activity take place?
Organised training/coaching/lesson.....
Organised competition
Casually with family or friends
On own
Other

A11b. Where did this activity take place?
Public place
Sports club
Community hall
Gym/sports centre.....
School/college/university
At home
Somewhere else (specify: _____)



I'd like to ask you the same series of questions about the second activity... **[PROMPT
ACTIVITY A6B]**

A12. On how many of the last 7 days did you take part? _____

A13. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A14. Was the effort enough to raise your breathing rate?
Yes
No.....

A15. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A16a. In what context did the activity take place?
Organised training/coaching/lesson.....
Organised competition
Casually with family or friends
On own.....
Other

A16b. Where did this activity take place?
Public place
Sports club
Community hall
Gym/sports centre.....
School/college/university
At home.....
Somewhere else (specify: _____)

I'd like to ask you the same series of questions about the third activity... **[PROMPT
ACTIVITY A6C]**

A17. On how many of the last 7 days did you take part? _____

A18. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A19. Was the effort enough to raise your breathing rate?
Yes
No.....

A20. Was the effort enough for you to be out of breath or sweat?
Yes
No.....



A21a. In what context did the activity take place?

- Organised training/coaching/lesson.....
- Organised competition
- Casually with family or friends
- On own.....
- Other

A21b. Where did this activity take place?

- Public place
- Sports club
- Community hall
- Gym/sports centre.....
- School/college/university
- At home.....
- Somewhere else (specify: _____)



A22. I would now like to ask you about any voluntary activity associated with sport and exercise activities that you undertook in the past 7 days. Voluntary activity means any role you may have fulfilled in support of sport or recreational physical activity, for adults or children. It includes helping to run events, providing or maintaining transport, food, equipment or kit, or acting in any kind of official capacity in relation to an event, team or organisation that provides opportunities to engage in physical activities for recreation, exercise or sport.

So, in the past 7 days, were you involved in any volunteering of this type?

Yes

No.....



GO TO A28

A23. What were the sports or physical activities concerned (up to a maximum of 2 you were most involved in)?

A23a. _____

A23b. _____

A24. For sport ... [prompt activity A23a], what voluntary involvement did you have?

TICK ALL THAT APPLY

- Providing Transport.....
- Coach
- Club Official
- Activity Organiser
- Kit Maintenance
- Selector
- Mentor
- Referee
- Other (please specify)

A25. How much time during the past 7 days did you devote to volunteering for this activity?

_____ hours



A26. For sport ... [prompt activity A23b], what voluntary involvement did you have?
TICK ALL THAT APPLY

- Providing Transport.....
- Coach
- Club Official
- Activity Organiser
- Kit Maintenance
- Selector
- Mentor
- Referee
- Other (please specify)

A27. How much time during the past 7 days did you devote to volunteering for this activity?
_____ hours

A28. Are you a member of any kind of sports club? Include clubs for traditional sports, but also walking, cycling or swimming clubs, fitness centres, gyms or other organisations that provide opportunities to engage in physical activity for recreation, exercise or sport?

Yes

No.....

→

GO TO A31

A29. How many are you a member of? _____

A30. What are the sports or physical activities concerned (up to a maximum of 3 you are most involved in)?

A30a. _____

A30b. _____

A30c. _____

A31. Given the broad definition of sporting activities we have been using, have you attended any fixtures or events in the past 7 days, either children's or adult events, as a spectator or supporter, rather than as an active participant?

Yes

No.....

→

GO TO A34

A32. How many events did you attend? _____

A33. What were the sports or physical activities concerned (up to a maximum of 3 most recent events)?

A33a. _____

A33b. _____

A33c. _____



A34. Apart from during PE lessons, did you play regular sport at school?

Yes

No.....

A35. When you were at school, did your parents play any kind of sport regularly? **TICK ONE**
ONLY

Yes, both

Yes, father only

Yes, mother only

No.....

Don't Know

A36. Do you undertake any regular walks of over 15 minutes for transport, such as walking to work, walking children to school etc.? By regular I mean at least once-a-week.

Yes

No.....

A37. Do you cycle regularly as a form of transport? By regular I again mean once-a-week.

Yes

No.....



SECTION 5 – DEMOGRAPHICS

Finally, I would like to ask you a few more background questions.

C1. Do you have any long-term illness, health problem or disability that limits your daily activities or work?

Yes
No..... GO TO C3.

C2. Does this prevent you from taking part in sport and exercise?

Yes
No.....

C3. Do you have any children aged under 18?

Yes
No.....

C4. How many children do you have? _____

C5. What age is your youngest child? _____

C5c. Are you?

Married
Living as married.....
Single
Widowed/Divorced/Separated

C7. Which of the following best describes where you live? **TICK ONE ONLY**

In a city
In a town
In a village
Isolated location
Don't know

C8. Which county do you live in? **PRECODE LIST OF COUNTIES**



[IF DUBLIN]

C9. Which of the following is your local authority?

- Dublin City
- Dun Laoghaire-Rathdown
- Fingal
- South Dublin.....

C10. What nationality are you? If joint nationality, please state both nationalities

PRECODE LIST OF NATIONALITIES

SOCIO-ECONOMIC QUESTIONS

C11. What is the highest level of education that you have completed?

- Primary level or lower
- Group, Inter, Junior Certificate
- Leaving Certificate
- Other Second Level
- Third Level
- Don't know
- Refused.....

C12. Could I ask about the approximate level of net household income? This means the total income, after tax, PRSI and other statutory deductions, of all members of the household.

<i>Amount per week</i>	<i>Amount per month</i>	<i>Amount per year</i>
under €300	under €1200	under €15500
€300 - €399	€1200 - €1599	€15500 - €19999
€400 - €499	€1600 - €1999	€20000 - €25999
€500 - €749	€2000 - €2999	€26000 - €38999
€750 - €899	€3000 - €3599	€39000 - €46999
€900 - €1249	€3600 - €4999	€47000 - €64999
over €1249	over €4999	over €64999

C13. To which of the following groups do you consider you belong?

- White Irish
- White Irish Traveller
- Any other white background (specify: _____).....
- Black or Black Irish (specify: _____).....
- Asian or Asian Irish (specify: _____)
- Other background (specify: _____)
- Don't know
- Refused.....



C14. This next question is voluntary and you don't have to answer if you don't want to, however the results will assist Sport Ireland in making sport as inclusive as possible for everyone in Ireland. Which one of the following best describes how you think of yourself? When you hear the option that you most identify with please say YES

- Heterosexual/straight (attracted to people of the opposite sex)
- Bisexual (attracted to people of both sexes).....
- Gay/Lesbian (attracted to people of the same sex)
- Asexual (not attracted to other people).....
- Other (specify: _____)
- Don't know
- Refused.....



Irish Sports Monitor 2019
Flexible Module 1

Moving on, I would now like to ask you some questions relating to well-being....

ASK ALL

Q.1-4 I am going to read you some statements in relation to your well-being, with a focus on how you have been feeling over the **PAST FOUR WEEKS**. I will provide you with 6 answers from which you can choose from. Please choose the answer which is closest to how you have been feeling over the **PAST FOUR WEEKS**.

The answers are: All of the time, Most of the time, A good bit of the time, Some of the time, A little of the time or None of the time.

So, how much of the time during the past four weeks...

RANDOMISE ORDER OF STATEMENTS	All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	None of the time
Did you feel full of life?	1	2	3	4	5	6
Have you felt calm and peaceful?	1	2	3	4	5	6
Did you have a lot of energy?	1	2	3	4	5	6
Have you been a happy person?	1	2	3	4	5	6

Q.5-8 Next I would like to ask you four questions about your feelings on aspects of your life. There are no right or wrong answers. For each of these questions I'd like you to give an answer on a scale of 0 to 10, where 0 is "not at all" and 10 is "completely".

	Not at all										Completely
Overall, how satisfied are you with your life nowadays?	0	1	2	3	4	5	6	7	8	9	10
Overall, to what extent do you feel that the things you do in your life are worthwhile?	0	1	2	3	4	5	6	7	8	9	10
Overall, how happy did you feel yesterday?	0	1	2	3	4	5	6	7	8	9	10
On a scale where 0 is "not at all anxious" and 10 is "completely anxious", overall how anxious did you feel yesterday?	0	1	2	3	4	5	6	7	8	9	10



Q.9-10 Now, to what extent do you agree or disagree with each of the following statements?

INTERVIEWER: Probe fully

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I can achieve most of the goals I set myself	1	2	3	4	5
Most people in my local area can be trusted	1	2	3	4	5

Interviewer Read Out:

If you have been affected by any of the questions I've just asked please visit www.yourmentalhealth.ie or your GP. In the event of a crisis call Samaritans on their Freephone number 116 123.

Q.11 Would you like me to repeat any of that to you?

- Yes 1
- No 2

Irish Sports Monitor 2019
Flexible Module 2

ASK ALL PARTICIPATING IN SPORT

Moving on, I would now like to ask you some questions relating to the sport that you participate in. Earlier you said that you participate in <<FIRST SPORT IDENTIFIED>>.

ASK ALL PARTICIPATING IN RECREATIONAL WALKING AND NOT SPORT

Moving on, I would now like to ask you some questions relating to walking for recreation.

ASK ALL PARTICIPATING IN WALKING FOR TRANSPORT AND NOT SPORT OR RECREATIONAL WALKING

Moving on, I would now like to ask you some questions relating to walking for transport

ASK ALL PARTICIPATING IN SPORT/RECREATIONAL WALKING/WALKING FOR TRANSPORT

Q.1 Would you say that you regularly [participate in <<FIRST SPORT IDENTIFIED>>, walk for recreational purposes / walk for transport]?

- Yes 1
- No..... 2
- Don't know 3
- Refused..... 4

ASK REMAINDER OF SECTION IF CODE 1 AT Q.1.

Q.2-7 Thinking in general about your [participation in [<<FIRST SPORT IDENTIFIED>>]/ walks for recreational purposes / walks for transport], would you say that you mainly do it....

READ OUT ANSWER CATEGORIES FOR FIRST STATEMENT. REPEAT AS NECESSARY.	Yes	No	Don't know	Refused
With the same people	1	2	3	4
At the same place	1	2	3	4
For the same number of days each week	1	2	3	4
On the same day or days of the week	1	2	3	4
At the same time on those days	1	2	3	4
For the same amount of time each week	1	2	3	4

Q.8 On a scale of 1 to 5 where 1 is very easy and 5 is very difficult, how easy or difficult is it for you to motivate yourself to [participate in [<<FIRST SPORT IDENTIFIED>>]/ walk for recreational purposes / walk for transport]...

- Very easy 1
- 2
- 3
- 4
- Very difficult..... 5
- Don't know 6
- Refused..... 7



ASK ALL PARTICIPATING IN SPORT

Q.9 And would you consider <<FIRST SPORT IDENTIFIED>> to be the main sport that you participate in?

- Yes 1
- No..... 2
- Don't know 3
- Refused..... 4

**Irish Sports Monitor 2019
Flexible Module 3**

Moving on, I would now like to ask you some questions relating to your volunteering in <<FIRST SPORT IDENTIFIED [Q. A23a]>>.

ASK ALL COACH, CLUB OFFICIAL, ACTIVITY ORGANISER, KIT MAINTENANCE, SELECTOR, MENTOR, REFEREE at Q. A24

SINGLE CODE

Q.1 On a scale of 1 to 5, where 1 is “Very Dissatisfied” and 5 is “Very Satisfied”, how satisfied or dissatisfied are you with the training and support you get from the club/organisation to carry out your volunteering?

- 1 - Very dissatisfied 1
- 2 2
- 3 3
- 4 4
- 5- Very satisfied 5
- I don't receive any support (DNRO)..... 6
- N/A (DNRO) 7

ASK ALL COACH, CLUB OFFICIAL, ACTIVITY ORGANISER, KIT MAINTENANCE, SELECTOR, MENTOR, REFEREE at Q. A24

INTERVIEWER READ OUT.

Q.2 For each of the following, can you tell me if you are aware, or unaware that your club has it in place:

RANDOMISE ORDER OF STATEMENTS	Aware	Unaware	Don't Know (DNRO)	N/A (DNRO)
A volunteer policy				
A volunteer agreement				
Volunteer role descriptions				

ASK ALL COACH, CLUB OFFICIAL, ACTIVITY ORGANISER, KIT MAINTENANCE, SELECTOR, MENTOR, REFEREE at Q. A24

SINGLE CODE

Q.3 On a scale of 1 to 5, where 1 is “Strongly disagree” and 5 is “Strongly agree”, to what extent do you agree or disagree with the following statement:

“I feel appreciated for the volunteering I undertake with the club/organisation”

- 1 - Strongly disagree 1
- 2 2
- 3 3
- 4 4
- 5 - Strongly agree..... 5
- N/A (DNRO) 6



ASK ALL COACH, CLUB OFFICIAL, ACTIVITY ORGANISER, KIT MAINTENANCE, SELECTOR, MENTOR, REFEREE at Q. A24

SINGLE CODE.

Q.4 As a volunteer within the club/organisation, who is your main point of contact or support within the club?

- Another volunteer 1
- A volunteer manager 2
- A volunteer coordinator 3
- Other (specify) 4
- I do not have a main point of contact or support 5
- N/A (DNRO) 6

ASK ALL EMPLOYED at WORK, AND ALL COACH, CLUB OFFICIAL, ACTIVITY ORGANISER, KIT MAINTENANCE, SELECTOR, MENTOR, REFEREE at Q. A24

SINGLE CODE

Q.5 Does your employer actively support your volunteering in sport?

- Yes 1
- No 2
- Don't know 3
- Refused 4

ASK ALL EMPLOYED at WORK, AND ALL COACH, CLUB OFFICIAL, ACTIVITY ORGANISER, KIT MAINTENANCE, SELECTOR, MENTOR, REFEREE at Q. A24, AND ALL CODE 1 at Q.5

MULTICODE.

Q.6 How does your employer support your volunteering in sport?

- By giving me time off in lieu of my volunteering 1
- By promoting opportunities to volunteer 2
- Other (Specify) 3
- Don't know 4
- Refused 5

ASK ALL NO at A.22

Moving on, I would now like to ask you some questions relating to volunteering. By volunteering, we mean any role you may have fulfilled in support of sport or recreational physical activity, for adults or children.



SINGLE CODE. READ OUT

Q.7 Firstly, have you:

- Volunteered at any point within the last year 1
- Volunteered longer than a year ago..... 2
- Never volunteered..... 3
- Don't know (DNRO) 4
- Refused (DNRO)..... 5

ASK ALL NO at A.22 and CODE 1 at Q.7

SINGLE CODE. READ OUT.

Q.8 Was this volunteering...

- Ongoing and regular (i.e. at least once a week) 1
- Infrequent 2
- For a one-off sporting event..... 3
- Don't know (DNRO) 4
- Refused (DNRO)..... 5

ASK ALL NO at A.22 and CODE 1 at Q.8

SINGLE CODE

Q.9 On a scale of 1 to 5, where 1 is "Very Dissatisfied" and 5 is "Very Satisfied", how satisfied or dissatisfied were you with the support you got from the club/organisation, during the time you volunteered?

- 1 - Very dissatisfied..... 1
- 2 2
- 3 3
- 4 4
- 5 - Very satisfied 5
- I don't receive any support (DNRO)..... 6
- N/A (DNRO) 7

ASK ALL NO at A.22 and CODE 1 at Q.7

MULTICODE. INTERVIEWER READ OUT.

Q.10 Were you aware of any of the following at the club/organisation where you volunteered?

RANDOMISE ORDER OF STATEMENTS	Aware	Unaware	Don't Know (DNRO)	N/A (DNRO)
A volunteer policy				
A volunteer agreement				
Volunteer role descriptions				



ASK ALL NO at A.22 and CODE 1 at Q.7

SINGLE CODE

Q.11 On a scale of 1 to 5, where 1 is “Strongly disagree” and 5 is “Strongly agree”, to what extent do you agree or disagree with the following statement:

“I felt appreciated for the volunteering I did with the club/organisation.”

1 - Strongly disagree	1
2	2
3	3
4	4
5 - Strongly agree.....	5
N/A	6

ASK ALL NO at A.22 and CODE 2 at Q.7

SINGLE CODE.

Q.12 What was the main reason you stopped volunteering?

I no longer had the time	1
My child finished taking part.....	2
I did not feel appreciated/valued in my role	3
I did not feel supported in my role.....	4
My role wasn't clear	5
They were asking me to do too much	6
I am taking a break from volunteering.....	7
The experience is not what I expected	8
Other (Specify)	9
Don't know/Refused	10

ASK ALL NO at A.22 and CODE 3 at Q.7

SINGLE CODE.

Q.14 You say you have not volunteered in sport, what is the main reason you haven't volunteered?

I'm not interested in sport.....	1
Not enough time, due to other commitments	2
I haven't heard about any opportunities.....	3
It would cost me too much to get involved	4
I couldn't find a sport I was interested in.....	5
There weren't any roles I could do, or was interested in	6
Nobody asked or invited me to volunteer	7
Other (Specify)	8
Don't know/Refused	9



Irish Sports Monitor 2019
Flexible Module 4

INTERVIEWER READ OUT:

I'd now like to ask you a few, more general questions, about sport.

**ASK ALL PARTICIPATING IN SPORTS/RECREATIONAL WALKING [YES AT A.1 AND/OR A.5]
ROTATE STATEMENTS. SINGLE CODE**

Q.1 I'd now like you to think about the reasons why you choose to participate in sport or other physical activity. On a scale of 1 to 5, where 1 is not at all important and 5 is very important, how important are the following factors to you in being physically active?

	Not at all important				Very important	Don't Know (DNRO)
To improve my health and fitness	1	2	3	4	5	99
To relax	1	2	3	4	5	99
To improve my athletic skills	1	2	3	4	5	99
To compete with others	1	2	3	4	5	99
To spend time with friends and family	1	2	3	4	5	99
To control my weight	1	2	3	4	5	99
To improve how I look	1	2	3	4	5	99
To have fun	1	2	3	4	5	99

ASK ALL

Q.2 I'm now going to read you a list of statements. On a scale of 1 to 5, where 1 is strongly disagree and 5 is strongly agree, could you please tell me how much you agree or disagree with each statement.

**SINGLE CODE
ROTATE STATEMENTS**

	Strongly Disagree				Strongly Agree	Don't Know (DNRO)
Young girls aged 12 and under have the same opportunities to participate in sport as boys of the same age	1	2	3	4	5	99
Teenage girls have the same opportunities to participate in sport as boys of the same age	1	2	3	4	5	99
Adult women have the same opportunities to participate in sport as men	1	2	3	4	5	99
The Irish media generally does not include enough coverage of female sport	1	2	3	4	5	99
Overall, female sport is less competitive than male sport.	1	2	3	4	5	99



ASK ALL

Q.3 I'd now like you to think about the administration and management of sport in Ireland. By that I mean acting in an official capacity in relation to an event, team or organisation. This includes roles such as coaching, leadership and committee membership both at national and local levels. Would you say that this aspect of sport is...?

READ OUT.

ROTATE OPTIONS 1 AND 2

...too male dominated	1
...too female dominated	2
...or that the balance between males and females is about right	3
Don't know (DNRO)	99

ASK TO ALL CLUB MEMBERS [YES AT A.28]

Q.4 You mentioned earlier that you are a member of a <insert answer from A30a> club. Thinking of the administration and management of a <insert answer from A30a> club, would you say that it is...?

INTERVIEWER READ OUT.

ROTATE OPTIONS 1 AND 2

...too male dominated	1
...too female dominated	2
...or that the balance between males and females is about right	3
Don't know (DNRO)	4



Irish Sports Monitor 2019
Flexible Module 5

ASK ALL CLUB MEMBERS

ASK ABOUT FIRST CLUB IDENTIFIED, UNLESS RESPONDENT IS A MEMBER OF A GYM IN WHICH CASE ASK ABOUT OTHER CLUB IDENTIFIED. IF NO OTHER CLUB IDENTIFIED, ASK ABOUT GYM

Moving on, I would now like to ask you some questions relating to the club that you are a member of. Earlier you said that you are a member of a <<FIRST CLUB IDENTIFIED>> (club).

Q.1 From your knowledge, does your club have any of the following?

**READ OUT. MULTICODE.
ROTATE START**

	Yes	No	Don't know (DNRO)
Accessible facilities such as accessible car parking ramps or changing facilities.....	1	2	99
Inclusion days inviting those with a disability to try out the club activities.....	1	2	99
A club volunteer or staff member with a disability.....	1	2	99
Club members with a disability.....	1	2	99

Q.2 To what extent do you agree or disagree with the following statement – ‘my club welcomes all participants, including those with a disability’?

**SINGLE CODE
PROBE TO PRECODE**

Strongly disagree	1
Tend to disagree	2
Neither agree nor disagree	3
Tend to agree.....	4
Strongly agree.....	5
Don't know (DNRO)	99

Q.3 An objective for sport in Ireland is to improve participation among those with a disability. With that in mind, to what extent do you agree or disagree with each of the following statements ...?

PROBE TO PRECODE

	Strongly disagree	Tend to disagree	Neither agree nor disagree	Tend to agree	Strongly agree	Don't Know (DNRO)
My club wouldn't know where to start to actively engage people with disability into their activities.....	1	2	3	4	5	99
My club should arrange more training for coaches and volunteers around inclusion	1	2	3	4	5	99
My club would benefit from having more information and support to assist them in including people with disabilities.....	1	2	3	4	5	99



ASK ALL VOLUNTEERS (EXCEPT THOSE SOLELY PROVIDING TRANSPORT)

Moving on, I would now like to ask a question relating to your volunteering activity. Earlier you said that you volunteered for <<FIRST SPORT IDENTIFIED>>.

Q.4 Thinking of this voluntary role, do you have any involvement with anyone with a disability. By this I mean a disability covers impairments, activity limitations, and participation restrictions.

SINGLE CODE

Yes	1
No.....	2
Not applicable	3
Don't know (DNRO)	99

IF YES AT Q.4

Q.5a How confident or not are you in your voluntary role in dealing with people with a disability?

SINGLE CODE

PROBE TO PRECODE

Very confident	1
Fairly confident	2
Not very confident	3
Not at all confident	4
Don't know (DNRO)	99

IF NO OR NOT APPLICABLE AT Q.4

Q.5b Thinking of this volunteering activity, to what extent do you agree or disagree with the following statement. If my role had involvement with someone with a disability, I would be fearful that I may make a mistake and cause offense?

SINGLE CODE

PROBE TO PRECODE

Strongly disagree	1
Tend to disagree	2
Neither agree nor disagree	3
Tend to agree.....	4
Strongly agree.....	5
Don't know (DNRO)	99

Q.6 In respect of your volunteering role, have you been provided with support or training in relation to working with people with a disability?

SINGLE CODE

PROBE TO PRECODE

Yes	1
No.....	2
Not applicable	3
Don't know (DNRO)	99

Q.7 Which one, if any, of the following types of training do you feel would be most useful to your



role as a volunteer for <<FIRST SPORT IDENTIFIED>>?

READ OUT. SINGLE CODE

ROTATE START

How to adapt sport to people with a disability	1
Communication and the proper use of inclusive language	2
Increased understanding of different impairments.....	3
None of these (DNRO)	4
Don't know (DNRO)	99



Irish Sports Monitor 2019
Flexible Module 6

ASK ALL

Moving on, I would now like to ask you a few questions about your attitudes towards sport and physical activity.

To what extent do you agree, or disagree, with the following statements about how you feel generally about sport and physical activity? Please answer on a scale of 1 to 5, where 1 is “Strongly disagree” and 5 is “Strongly agree”,

ROTATE STATEMENTS

	Strongly disagree (1)	(2)	(3)	(4)	Strongly agree (5)	Don't Know
My level of fitness prevents me from doing physical activity.....	1	2	3	4	5	6
I'm not skilful enough to do physical activity.....	1	2	3	4	5	6
I know exactly where I can go to do physical activity	1	2	3	4	5	6
I know what days and times I can go to do physical activity	1	2	3	4	5	6
My local area is not very attractive and this puts me off doing physical activity.....	1	2	3	4	5	6
There is nowhere near me to do physical activity.....	1	2	3	4	5	6
I think people like me do physical activity	1	2	3	4	5	6
I don't have anyone to do physical activity with.....	1	2	3	4	5	6
Doing physical activity is helping me achieve a current goal.....	1	2	3	4	5	6
I want to do physical activity.....	1	2	3	4	5	6
Doing physical activity is part of my weekly routine.....	1	2	3	4	5	6
I don't like doing any physical activities	1	2	3	4	5	6