



16-088225 IRISH SPORT MONITOR
QUESTIONNAIRE (FINAL)

SECTION 1 – INTRO AND SCREENING

Good morning/afternoon/evening, my name is _____ and I am calling on behalf of Ipsos MRBI, Ireland's leading opinion polling and survey research company. We are carrying out an important lifestyle study and your opinions may help to shape local services in the future. Would you spare some time to answer some questions. It may take approximately 7-8 minutes depending on your answers.

Before we go to the first question I just need to reassure you that all of your answers are completely confidential and your rights under the Data Protection Act will be fully observed, including not answering and choosing to end the interview. For quality control and training purposes this interview may be monitored or recorded.

GENDER

RECORD SEX OF RESPONDENT

Male.....
Female

AGE

To ensure we interview a wide cross section of the public, could I first ask what age group you fall into?

Under 16
16-19
20-24
25-34
35-44
45-54
55-64
65+

AGE 2

And, may I ask what is your actual age?
15 to 99



WORK

Which of these best describes your current employment situation? **READ OUT. SINGLE CODE**

- Working as an employee.....
- Self-employed
- Unemployed/seeking work.....
- Retired.....
- Full-time home maker / looking after family
- Student.....
- Not working due long term sickness or disability

SECTION 2 – SPORTS PARTICIPATION

Now I would like to ask you a few questions on recreation, exercise and sport. These questions are being asked on behalf of Sport Ireland, but they relate to a broad range of physical activities as well as traditional sports, including walking, cycling, other outdoor pursuits, water sports, and non-competitive or recreational exercise.

A1. First, I would like to ask you about any recreational walking you did in the last 7 days. DO NOT include walks for transport, such as walking to work or to the shops, but DO include walks undertaken for exercise, recreation or leisure. In the last 7 days, did you take such a walk?

In the last 7 days, did you take such a walk?

Yes

No.....

→ **GO TO A5**

A2. How many walks for exercise, recreation or leisure did you take?

A3. **If only one walk at A2**
For how long did you walk? _____ minutes

If more than one walk at A2
For how long did you usually walk? _____ minutes

INT: IF INTERVIEWEE TOOK MORE THAN 7 WALKS, PLEASE RECORD THE 7 LONGEST



A4a. How would you describe your usual walking pace during this(these) walk(s)? **TICK ONE ONLY**

- Slow.....
- Steady, average
- Fairly Brisk
- Fast
- Don't know

A4b. Where do you usually walk? **READ OUT. TICK ONE ONLY**

- Around local roads
- Parks
- Forests or other trails
- Beach or seafront.....
- Somewhere else (specify: _____)
- Don't know

A5. I would now like to ask you about any OTHER physical activities you undertook in the past 7 days for exercise, recreation or sport. Please DO NOT include physical activity for work, transport, or domestic work like gardening or DIY. Please DO include personal exercise, such as swimming, dancing or jogging, as well as all forms of sporting activity, indoor or outdoor, whether undertaken in an organised setting or casually with family or friends. So, in the past 7 days, did you participate in any such activities?

Yes No..... → **GO TO A22**

A6. Please list up to 3 sports or activities, in the order in which you participated the most:

A6a.
A6b.
A6c.

I'd like to ask you a short series of questions about each activity, starting with the first...

INT: PROMPT ACTIVITY A6A

A7. On how many of the last 7 days did you take part? _____

A8. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A9. Was the effort enough to raise your breathing rate?
Yes
No.....

A10. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A11a. In what context did the activity take place?
Organised training/coaching/lesson
Organised competition
Casually with family or friends
On own
Other

A11b. Where did this activity take place?
Public place
Sports club
Community hall
Gym/sports centre
School/college/university
At home
Somewhere else (specify: _____)



I'd like to ask you the same series of questions about the second activity... **[PROMPT ACTIVITY A6B]**

A12. On how many of the last 7 days did you take part? _____

A13. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A14. Was the effort enough to raise your breathing rate?
Yes
No.....

A15. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A16a. In what context did the activity take place?
Organised training/coaching/lesson
Organised competition
Casually with family or friends
On own
Other

A16b. Where did this activity take place?
Public place
Sports club
Community hall
Gym/sports centre
School/college/university.....
At home
Somewhere else (specify: _____)

I'd like to ask you the same series of questions about the third activity... **[PROMPT ACTIVITY A6C]**

A17. On how many of the last 7 days did you take part? _____

A18. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A19. Was the effort enough to raise your breathing rate?
Yes
No.....

A20. Was the effort enough for you to be out of breath or sweat?
Yes
No.....



A21a. In what context did the activity take place?

- Organised training/coaching/lesson
- Organised competition
- Casually with family or friends
- On own
- Other

A21b. Where did this activity take place?

- Public place
- Sports club
- Community hall
- Gym/sports centre.....
- School/college/university.....
- At home
- Somewhere else (specify: _____)

A22. I would now like to ask you about any voluntary activity associated with sport and exercise activities that you undertook in the past 7 days. Voluntary activity means any role you may have fulfilled in support of sport or recreational physical activity, for adults or children. It includes helping to run events, providing or maintaining transport, food, equipment or kit, or acting in any kind of official capacity in relation to an event, team or organisation that provides opportunities to engage in physical activities for recreation, exercise or sport.

So, in the past 7 days, were you involved in any volunteering of this type?

Yes

No.....

→ GO TO

A28

A23. What were the sports or physical activities concerned (up to a maximum of 2 you were most involved in)?

A23a. _____

A23b. _____

A24. For sport ... [prompt activity A23a], what voluntary involvement did you have?

TICK ALL THAT APPLY

- Providing Transport
- Coach
- Club Official
- Activity Organiser
- Kit Maintenance
- Selector
- Mentor
- Referee.....
- Other (please specify)

A25. How much time during the past 7 days did you devote to volunteering for this activity?

_____ hours

A26. For sport ... [prompt activity A23b], what voluntary involvement did you have?

TICK ALL THAT APPLY

- Providing Transport.....
- Coach
- Club Official
- Activity Organiser
- Kit Maintenance
- Selector
- Mentor
- Referee.....
- Other (please specify)

A27. How much time during the past 7 days did you devote to volunteering for this activity?

_____ hours

A28. Are you a member of any kind of sports club? Include clubs for traditional sports, but also walking, cycling or swimming clubs, fitness centres, gyms or other organisations that provide opportunities to engage in physical activity for recreation, exercise or sport?

Yes

No.....

→ GO TO

A31

A29. How many are you a member of? _____

A30. What are the sports or physical activities concerned (up to a maximum of 3 you are most involved in)?

A30a. _____

A30b. _____

A30c. _____

A31. Given the broad definition of sporting activities we have been using, have you attended any fixtures or events in the past 7 days, either children's or adult events, as a spectator or supporter, rather than as an active participant?

Yes

No.....

→ GO TO

A34

A32. How many events did you attend? _____

A33. What were the sports or physical activities concerned (up to a maximum of 3 most recent events)?

A33a. _____

A33b. _____

A33c. _____

A34. Apart from during PE lessons, did you play regular sport at school?



Yes
No.....

A35. When you were at school, did your parents play any kind of sport regularly? **TICK ONE ONLY**

Yes, both
Yes, father only
Yes, mother only
No.....
Don't Know

A36. Do you undertake any regular walks of over 15 minutes for transport, such as walking to work, walking children to school etc.? By regular I mean at least once-a-week.

Yes
No.....

A37. Do you cycle regularly as a form of transport? By regular I again mean once-a-week.

Yes
No.....



SECTION 5 – DEMOGRAPHICS

Finally, I would like to ask you a few more background questions.

C1. Do you have any long-term illness, health problem or disability that limits your daily activities or work?

Yes
No..... GO TO C3.

C2. Does this prevent you from taking part in sport and exercise?

Yes
No.....

C3. Do you have any children aged under 18?

Yes
No.....

C4. How many children do you have? _____

C5. What age is your youngest child? _____

C5c. Are you?

Married
Living as married
Single
Widowed/Divorced/Separated

C7. Which of the following best describes where you live? **TICK ONE ONLY**

In a city
In a town
In a village
Isolated location
Don't know

C8. Which county do you live in? **PRECODE LIST OF COUNTIES**

[IF DUBLIN]

C9. Which of the following is your local authority?

- Dublin City
- Dun Laoghaire-Rathdown
- Fingal
- South Dublin.....

C10. What nationality are you? If joint nationality, please state both nationalities

PRECODE LIST OF NATIONALITIES

SOCIO-ECONOMIC QUESTIONS

C11. What is the highest level of education that you have completed?

- Primary level or lower
- Group, Inter, Junior Certificate
- Leaving Certificate
- Other Second Level
- Third Level
- Don't know
- Refused.....

C12. Could I ask about the approximate level of net household income? This means the total income, after tax, PRSI and other statutory deductions, of all members of the household.

<i>Amount per week</i>	<i>Amount per month</i>	<i>Amount per year</i>
under €300	under €1200	under €15500
€300 - €399	€1200 - €1599	€15500 - €19999
€400 - €499	€1600 - €1999	€20000 - €25999
€500 - €749	€2000 - €2999	€26000 - €38999
€750 - €899	€3000 - €3599	€39000 - €46999
€900 - €1249	€3600 - €4999	€47000 - €64999
over €1249	over €4999	over €64999

**Irish Sports Monitor 2017
Flexible Module 1 – FINAL**

Now moving on, I'd like to ask you a few questions about the development of sport in Ireland.

ASK ALL

Q.1a Which of the following organisations, if any, do you most associate with the development of sport in Ireland, both high performance sport as well as among the population as a whole?

ROTATE. READ OUT. SINGLE CODE.

- 1..... Department of Transport, Tourism and Sport 1
- 2..... Sport Ireland or Irish Sports Council 2
- 3..... National Governing bodies such as GAA, FAI, Athletics Ireland etc.. 3
- 4..... Olympic Council of Ireland 4
- 5..... Federation of Irish Sport 5
6
- None of these 6
- Don't know 7

ASK ALL CODED 1 TO 5 AT Q.1A

Q.1b Which other body do you most associate with the development of sport in Ireland, both high performance sport as well as among the population as a whole?

SHOW OPTIONS NOT SELECTED AT Q.1A. ROTATE. READ OUT. SINGLE CODE.

- 1..... Department of Transport, Tourism and Sport 1
- 2..... Sport Ireland or Irish Sports Council 2
- 3..... National Governing bodies such as GAA, FAI, Athletics Ireland etc.. 3
- 4..... Olympic Council of Ireland 4
- 5..... Federation of Irish Sport 5
6
- None of these 6
- Don't know 7

ASK ALL

Q.2 Which of the following initiatives are you aware of to promote greater participation in sport and physical activity?

ROTATE. READ OUT. MULTI CODE.

ANSWER YES OR NO TO EACH

- European Week of Sport..... 1
- Operation Transformation 2
- Local Sports Partnerships 3
- Healthy Ireland 4
- National Physical Activity Plan 5
- National Fitness Day 6
- Get Ireland Active..... 7
- parkrun Ireland 8



Q.3 In general, would you say that there are the same opportunities, fewer opportunities or more opportunities than to participate in sport than was the case 10 years ago?

SINGLE CODE

Same opportunities	1
Fewer opportunities	2
More opportunities	3
Don't know	4

Q.4 In making investments in sport in Ireland, the government has a number of responsibilities to ensure the continued development of sport. I'm going to read out a few areas in which the government may decide to make an investment in and would like you to tell me which you think the government should place a greater focus on.

ROTATE AND READ OUT PAIRS. SINGLE CODE.

Professional and high performance sport	1
Or General participation within the population	2
Don't know	3
Encouraging those who are inactive to start participating in sport	1
Or Encouraging those who are active to be more active	2
Don't know	3
Facilities to encourage people to participate more	1
Or Initiatives to encourage people to participate more	2
Don't know	3
Training and coaching initiatives	1
Or Sport management initiatives	2
Don't know	3

Q.5 Which one of the following groups do you believe the Government should prioritise in its efforts to increase participations levels in sport and physical activity?

ROTATE. READ OUT. SINGLE CODE.

Children aged up to 12.....	1
Teenagers aged 13 to 18.....	2
Women.....	3
Men	4
Those aged over 65	5
Those with a disability or long-term illness	6
Socially disadvantaged groups	7
A different group (specify: _____).....	8
Don't know	9

Q.6 A key priority for sport in Ireland is to encourage children to become more active. In your view, does the greater responsibility for this lie with schools or parents?

SINGLE CODE

Schools.....	1
Parents.....	2
Don't know	3

Q.7 While men and women may be interested in different types of sports, would you say that women in Ireland have the same opportunities, fewer opportunities or more opportunities than men to participate in sport?

SINGLE CODE

Same opportunities	1
Fewer opportunities	2
More opportunities	3
Don't know	4

Q.8 And would you say that women have the same opportunities, fewer opportunities or more opportunities than men to be involved in the management and administration of sport in Ireland?

SINGLE CODE

Same opportunities	1
Fewer opportunities	2
More opportunities	3
Don't know	4

Q.9 The Minister for Sport recently proposed that at least 30% of positions on the boards of national sporting organisations should be filled by women. In your opinion would this have a positive or negative influence on the administration of sport in Ireland, or would it make no difference?

SINGLE CODE

Positive.....	1
Negative	2
Make no difference.....	3
Don't know	4

**Irish Sports Monitor 2017
Flexible Module 2 – FINAL**

Now moving on, I'd like to ask you a few questions about technology in sport and physical activity.

ASK ALL

Q.1 There are a number of tools that can be used to measure the amount and nature of physical activity undertaken. Have you ever used any tools such as a Fitbit, Pedometer, an app on your mobile phone or a GPS watch to measure any of the following:

READ OUT ANSWERS SELECTED AT Q.1. MULTI CODE.

- The number of steps you take in a day 1
- The distance or speed you travel while running or cycling 2
- Your heart rate or calories burned 3
- Apps on your phone that plan your workout routine such as Couch to 5k or Fitstar 4
- None of these 5
- Don't know 6

ASK ALL SELECTED AT Q.1

Q.2 And do you currently use a tool to...?

READ OUT ANSWERS SELECTED AT Q.1. MULTI CODE.

- ...count the number of steps you take in a day 1
- ...measure the distance or speed you travel while running or cycling 2
- ...measure your heart rate or calories burned 3
- ...plan your workout routine 4
- None of these 5
- Don't know 6

ASK Q.3 AND Q.4 IN ROTATION FOR EACH TOOL SELECTED AT Q.2

Q.3 For how long have you used a tool to _____ ?

SINGLE CODE

- Up to 3 months 1
- More than 3, up to 6 months 2
- More than 6 months, up to 1 year 3
- More than 1 year, up to 2 years 4
- More than 2 years 5
- Don't know 6



ASK Q.5 TO Q.7 TO ALL USING A FITNESS TOOL

Q.5 Were you already active in sport and other physical activity before you started using this tool / these tools?

SINGLE CODE

- Yes 1
- No..... 2
- Don't know 3

Q.6a In general, would you say that the tool(s) you use have a major influence, a minor influence or no influence at all on the physical activity that you do?

SINGLE CODE

- Major influence..... 1
- Minor influence..... 2
- No influence at all..... 3
- Don't know 4

ASK Q.6B TO ALL CODED 1 OR 2 AT Q.6A

Q.6b In what ways does it influence your physical activity?

RECORD VERBATIM RESPONSE

Q.7 Do you use your these tools/this tool to compare your activity levels to other people?

- Yes 1
- No..... 2
- Don't know 3

Q.8 Thinking now of a close friend or relative who wants to become more active, would you recommend or not recommend that they use technology to assist them in their efforts?

- Recommend 1
- Not recomend..... 2
- Don't know 3

ASK Q.9 AND Q.10 TO ALL WHO HAVE USED A TOOL AT Q.1 BUT HAVE NOT USED ANY TOOL AT Q.2

Q.9 You said that you used to use a _____. What was the main reason you stopped using it?

PROBE TO PRECODE. SINGLE CODE.

- Wasn't comfortable to wear 1
- Too much hassle..... 2
- Wasn't having a sufficiently positive impact on my activity levels ... 3
- Friends/contacts stopped using it 4
- I got bored with it..... 5
- It broke and I didn't replace it..... 6
- It was inaccurate 7
- Other (specify: _____) 8
- Don't know 9



Q.10 For how long did you use it before you stopped using it?

SINGLE CODE

- Up to 3 months..... 1
- More than 3, up to 6 months 2
- More than 6 months, up to 1 year 3
- More than 1 year, up to 2 years 4
- More than 2 years 5
- Don't know 6

ASK ALL WHO HAVE NEVER USED A TOOL AT Q.1

Q.11 Over the next 12 months, would you say that you are likely or unlikely to start using a tool to do any of the following?

ANSWER LIKELY, UNLIKELY OR DON'T KNOW FOR EACH

- ...count the number of steps you take in a day 1
- ...measure the distance or speed you travel while
running or cycling 2
- ...measure your heart rate or calories burned 3
- ...plan your workout routine 4

- None of these 5
- Don't know 6



**Irish Sports Monitor 2017
Flexible Module – May/Jun**

Now moving on, I'd like to ask you a few questions about sport organisations in your local community.

ASK ALL CLUB MEMBERS

Earlier you said that you were a member of a <SPORT> club. I would like you to think about the money that you have spent with this club or donated to this club over the past year. This could include membership fees, club fundraising, spending in a bar or shop or anything else where you spent or gave money to the club.

ASK Q.1 TO Q.4 IN ROTATION FOR EACH CLUB THAT INDIVIDUAL IS A MEMBER OF

Q.1a Firstly, thinking about membership fees. Over the past 12 months, how much have you spent on membership fees or subscriptions. Please estimate this as accurately as you can.

€ _____

ASK Q.1B IF Q.1A >0

Q.1b And, how many people are covered by this membership fee?

Q.2 Next thinking about your spending in a club bar or shop. In a typical month, how much would you say you spend in the club bar or shop?

€ _____

Q.3 Next thinking about club fundraising. This includes club lotteries and any events done to raise money for the club. In a typical month, how much would you say you spend on club fundraising?

€ _____

Q.4a Now thinking about any other types of expenditure not covered in the previous questions. Do you spend money with the club in any other way?

- Yes 1
- No 2

ASK Q.4B IF YES AT Q.4A

Q.4b What does this spending relate to?
Record each type of spending separately

Additional spending 1: _____

Additional spending 2: _____

Additional spending 3: _____

ASK Q.4C FOR EACH TYPE OF SPENDING IDENTIFIED AT Q.4B

Q.4c Thinking about <ADDITIONAL SPENDING>, how much would you say you spend? You can answer for a typical week, a typical month or a typical year, whatever is easiest for you.

€ _____ per week

€ _____ per month



€ _____ per year

ASK ALL RESPONDENTS

I would like you to think about the money that you have spent with local sports clubs or donated to local sports club over the past year. This could include club fundraising, spending in a bar or shop, costs to use club facilities or anything else where you spent or gave money to a club in the past 12 months.

Q.5a Have you spent any money in these ways with any <SPORTS CLUB>?

- Yes 1
- No 2

ASK FOR FOLLOWING CLUBS (EXCLUDING THOSE ALREADY ASKED ABOUT AT Q.1 TO Q.4)

- GAA clubs
- Soccer clubs

Q.5b Have you spent any money in these ways with any other types of sport club?

- Yes 1
- No 2

ASK Q.5c IF YES AT Q.5B

Q.5c Which types of sports clubs are these?

SELECT FROM LIST OF CLUBS

ASK Q.6 TO Q.9 IN ROTATION FOR EACH CLUB THAT INDIVIDUAL HAS SPENT MONEY WITH

Q.6 Firstly thinking about club fundraising. This includes club lotteries and any events done to raise money for the club. In a typical month, how much would you say you spend on club fundraising?

€ _____

Q.7 Next thinking about your spending in a club bar or shop. In a typical month, how much would you say you spend in the club bar or shop?

€ _____

Q.8 Next thinking about costs to use the club facilities. Over the past 12 months, how much have you spent on using the club facilities. Please estimate this as accurately as you can.

€ _____

Q.9a Now thinking about any other types of expenditure not covered in the previous questions. Do you spend money with the club in any other way?

- Yes 1
- No 2

ASK Q.9B IF YES AT Q.9A

Q.9b What does this spending relate to?



Record each type of spending separately

Additional spending 1: _____

Additional spending 2: _____

Additional spending 3: _____

ASK Q.9C FOR EACH TYPE OF SPENDING IDENTIFIED AT Q.9B

Q.9c Thinking about <ADDITIONAL SPENDING>, how much would you say you spend? You can answer for a typical week, a typical month or a typical year, whatever is easiest for you.

€ _____ per week

€ _____ per month

€ _____ per year

**Irish Sports Monitor 2017
Flexible Module (July) – FINAL**

Now moving on, I'd like to ask you a few questions about sport more generally.

ASK ALL

Q.1 I am going to read out a number of challenges facing sport in Ireland. For each of the following issues I'd like you to tell me whether it is a minor problem, a major problem or not a problem at all for sport in Ireland.

ROTATE. READ OUT. INCLUDE DON'T KNOW OPTION.

The use of performance enhancing drugs in sport	1
Fixing of sports results for gambling purposes.....	2
Corruption among those involved in the administration of sport ..	3
Racism in sport.....	4
Advertising of alcohol products in sport	5
Cheating in sport	6
Overtraining of children and young people in sport.....	7
Payments to amateur sportspeople	8
Access to sport for those with a disability	9

ASK FOR EACH ITEM IDENTIFIED AS BEING A MAJOR PROBLEM OR MINOR PROBLEM WITH SPORT IN IRELAND

Q.2 And, in your opinion, are the problems associated with [ITEM] being dealt with effectively by those responsible for the administration of sport in Ireland?

SHOW OPTIONS SELECTED AT Q.1.

Yes	1
No.....	2
Don't know	3

ASK FOR EACH ITEM IDENTIFIED AS BEING A MAJOR PROBLEM OR MINOR PROBLEM WITH SPORT IN IRELAND

Q.3 Which sports come to mind when you think of the problems associated with [ITEM] in Ireland?

SHOW OPTIONS SELECTED AT Q.1.

SELECT RELEVANT SPORTS. MULTICODE.

Irish Sports Monitor 2017
Flexible Module 5 – FINAL

ASK FOR FIRST SPORT IDENTIFIED BY RESPONDENT

Now moving on, I'd like to ask you a few questions about any coaching or training that you receive in relation to the sport you participate in.

ASK Q.1 TO ALL PARTICIPATING IN MORE THAN ONE SPORT IN THE PAST SEVEN DAYS

Q.1 Earlier in the survey you mentioned that you participated in more than one sport in the past 7 days. Can you identify which of these you consider to be your main sport.
SINGLE CODE.

List of sports participated in

ASK Q.2 TO ALL PARTICIPATING IN SPORT

Q.2 Thinking of your involvement in <SPORT> over the past month. Which, if any, of the following applies to you?
READ OUT. MULTI CODE.

- You received coaching as part of structured club or class training .. 1
- You received coaching in another way 2
- You followed a structured training plan..... 3
- None of these..... 4

ASK Q.3 TO Q.8 TO ALL SELECTING CODES 1 OR 2 AT Q.2. OTHERS GO TO Q.9

Q.3 And is the person who mainly delivers the coaching male or female?
READ OUT. MULTI CODE.

- Male..... 1
- Female 2
- It varies/both/multiple trainers 3

Q.4 And, how far do you travel to attend coaching sessions or classes?

_____ **MINUTES**

- It varies depending on location 2

Q.5 What is the main reason you receive coaching in this sport rather than doing so informally or independently?

READ OUT. SINGLE CODE.

- I need a coach in order to participate in the sport..... 1
- The coach encourages me to do more/push harder 2
- I need coaching in order to get better at the sport 3
- The coach motivates me to come back 4
- Coaching provides a group/team environment 5
- I have specific needs that only the coach can help me with 6
- Other (specify: _____)..... 7



Q.6 On a scale of 1 to 5 where 1 is very dissatisfied and 5 is very satisfied, how satisfied or dissatisfied are you with the quality of the coaching you have received over the past 6 months?

READ OUT. SINGLE CODE.

- Very dissatisfied 1
- 2
- 3
- 4
- Very satisfied 5

Q.7 Does the person who mainly delivers the training use any form of technology during the coaching sessions or classes?

SINGLE CODE.

- Yes 1
- No..... 2

Q.8 On a scale of 1 to 5, where 1 is not at all important and 5 is very important, how important to you is the structured training in your continued participation in <SPORT>?

READ OUT. SINGLE CODE.

- Not at all important 1
- 2
- 3
- 4
- Very important..... 5

ASK Q.9 TO ALL NOT SELECTING CODES 1, 2 OR 3 AT Q.2. OTHERS GO TO Q.10

Q.9 For what reasons have you not participated in structured <SPORT> training over the past 6 months?

- Not sufficiently interested in the sport 1
- Training not relevant to the sport 2
- Prefer to just participate on my own without others 3
- Location of training not convenient to where I live 4
- Time of training not convenient 5
- Training too expensive 6
- Not good enough at the sport 7
- Poor previous experience of training 8
- Other (specify: _____) 9

ASK Q.10 TO ALL PARTICIPATING IN SPORT

Q.10 And over the past month have you participated in any competitive <SPORT> events? This includes any races, leagues or any other forms of competition?

SINGLE CODE.

- Yes 1
- No..... 2



ASK Q.11 TO ALL SELECTING CODE 2 AT Q.10

Q.11 For what reasons have you not participated in any competitive <SPORT> events in the past month?

- Not sufficiently interested in the sport 1
- Competition not relevant to the sport 2
- Not aware of any competitive events 3
- Not good enough at the sport 4
- Events not convenient for me 5
- Events are too expensive 6
- Poor previous experience of competitive events 7
- Other (specify: _____) 8

**Irish Sports Monitor 2017
Flexible Module 6 – FINAL**

ASK FOR THOSE WALKING FOR TRANSPORT

I would like to ask you a few questions about the walks that you undertake for transport.

Q.1 Over the last 7 days, on how many days did you walk for transport, for example walking to work, walking children to school etc.?

_____ **DAYS**

Q.2 And, on each day that you have walked for transport, on average how many times a day would you undertake this type of activity?

_____ **TIMES**

Q.3 And thinking of your typical walk for transport, how long would it take you to complete this walk?

_____ **MINUTES**

Q.4 How would you describe your usual walking pace during these walks?

Slow.....	1
Steady average.....	2
Fairly Brisk.....	3
Fast.....	4
Don't know.....	5

Q.5 What is the main reason you walk on this journey rather than driving or using public transport?
READ OUT. SINGLE CODE.

Quicker to walk.....	1
Too short a distance to drive/use public transport.....	2
Difficulties with car parking.....	3
To get exercise for myself.....	4
To get exercise for others (e.g. children).....	5
No access to car / public transport.....	6
Other (specify: _____).....	7



ASK FOR THOSE CYCLING FOR TRANSPORT

I would like to ask you a few questions about the cycles that you undertake for transport.

Q.6 Over the last 7 days, on how many days did you cycle for transport, for example cycling to work, cycling children to school etc.?

_____ **DAYS**

Q.7 And, on each day that you have cycled for transport, on average how many times a day would you undertake this type of activity?

_____ **TIMES**

Q.8 And thinking of your typical cycle for transport, how long would it take you to complete this cycle?

_____ **MINUTES**

Q.9 On these journeys, was the effort enough to raise your breathing rate?

- Yes 1
- No..... 2

Q.10 On these journeys, was the effort enough for you to be out of breath or sweat?

- Yes 1
- No..... 2

Q.11 What is the main reason you cycle on this journey rather than driving or using public transport?

READ OUT. SINGLE CODE.

- Quicker to cycle..... 1
- Too short a distance to drive/use public transport 2
- Difficulties with car parking 3
- To get exercise for myself 4
- To get exercise for others (e.g. children) 5
- No access to car / public transport..... 6
- Other (specify: _____)..... 7