

The Abecedarian (A-Z) of One Welfare

One Welfare is the interconnection between the wellbeing of humans, animals and the environment.



A

Animal sentience is the ability of animals to feel positive and negative emotions

B

Biodiversity is important to planetary health and wellbeing

C

Companionship is the emotional attachment formed between an animal and its guardian or owner

D

Duty of care describes the responsibility of those caring for animals

E

Empathy is the ability to understand and share feelings of others

F

Forest Bathing is an example of ecopsychology supporting good wellbeing

G

Global sustainable development is important to climate justice

H

Human-Animal bond is the emotional attachment formed between an animal and its guardian or owner

I

Indicator species are animals and plants that reflect the health of an ecosystem

J

Climate **justice**

K

Kinship recognises the similarities between humans and animals

L

The **Link** recognises the association between animal cruelty and domestic violence

M

Mutualistic relationship is one in which both parties benefit

N

Naturalness is a concept of animal welfare

O

One Health considers the relationship between the health of humans, animals and the environment

P

Positive emotional state considers feelings of wellness and contentment

Q

Quality of life is a term used for humans and animals and is supported by a positive emotional state

R

Resilience, Reciprocity and Respect between people, animal, and nature

S

Shared lifestyles such as the way we live can increase the risk of the same disease in people and their companion animals

T

Training animals using positive reinforcement focuses on rewarding good behaviour

U

Creating green spaces in **Urbanisations** enriches One Welfare

V

Virtuous circle where one part of the cycle benefits the next

W

'Wood Wide Web' describes the complex network of fungi in woodland soil

X

Sustainable management of our natural world is essential to avoid species **eX**inction

Y

Biodiverse ecos**Y**stems characterise a healthy world

Z

A **Zoonosis** is an infectious disease that can be transmitted from animals to humans



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